



Bihar and Jharkhand Medical Association (UK)

44th Annual National Scientific Congress

Rainton Arena, Mercantile Rd,

Houghton le Spring DH4 5PH

5 RCP CPD points (code: Day one 147876, Day Two 147945).

Saturday 13th July 2024: Scientific Programme

10.20 – 10.30 Welcome Prof Anand Prakash: convenor scientific committee BJMA 2024

Session 1: 10:30 – 11:45 Co-Chairs: Prof C M Kumar & Prof Amit Sinha

- 10.30 -10:55 **Fundamentals of Respiratory Therapeutics.**
Dr Sanjay Kumar (Consultant Respiratory Physician) Calderdale and Huddersfield NHS Foundation Trust.
- 10:55 – 11:20 **Endocrine perspective of Metabolic Syndrome.**
Dr Sath Nag, Consultant Endocrinologist, South Tees Hospitals NHS Foundation Trust.
- 11:20 – 11:45 **Therapeutic Advances for patients with type 2 Diabetes: a new era?**
Dr William Hinchcliffe (Consultant Nephrologist) City Hospitals Sunderland NHS Foundation Trust, Sunderland.

Comfort break 11:45- 12:00

Session 2: 12:00 – 13:15 Co-Chairs: Dr Ravi Ranjan & Dr Neeraj Baxi Sinha

- 12:00 – 12.25 **Diabetes and CAD in South Asians.**
Dr Ashish Thakur, consultant Cardiologist at the Mid Yorkshire Teaching NHS Trust.
- 12:25 – 12:50 **A Novel Approach to Diabetes & Obesity**
Dr Mohamed El Naggar, University Hospital of Morcombe Bay NHS Foundation Trust
- 12:50- 13:15 **Kidney & Diabetes – An update**
Dr. Anjani Kumar, GP Bolton.
- 13:15- 13:30 **BMA - benefits of membership.**
Claire Mitchell, Membership development manager
Northeast, Yorkshire & Humberside

13:30 – 14:15 Poster Presentation & Lunch



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Sunday 14th July 2024: 11:00 – 13:00: Scientific Programme

10:50-11:00 Welcome Prof Anand Prakash: Chair and convenor scientific committee BJMA 2024

Session 1: 11:00 – 13:00 Co-Chairs: Prof C M Kumar & Dr Sanjay Kumar

11:00- 11:25 Liver diseases Update

Dr Rohit Sinha, Consultant Gastroenterologist, City Hospitals Sunderland NHS Foundation Trust, Sunderland

11:25-11:50 Gastroenterology and primary care.

Dr Ravi Ranjan, Consultant Gastroenterologist, North Tees, and Hartlepool NHS Foundation Trust, Stockton-On-Tees.

11:50- 12:15 Radiology: 'When and Why'.

Dr Manashwani Chaudhary, Consultant Radiologist, Blackpool Teaching Hospitals NHS Foundation Trust, Blackpool

12:15-12:40 Knee Pain in Primary care-'Atraumatic causes'

Dr Ishita Sinha, GP East London.

12:45- 1400 Poster Presentation & Lunch